

Ysgol Y Bont Faen

Cowbridge Comprehensive School



ANTI-BULLYING POLICY

Formulated by: Miss. H Evans / Mrs. J Thelwell

Reviewed by: Mr. J Davis

Adopted by CCS Main Governing Body: 26.09.13

Last Reviewed: Autumn 2015

Review every 2 years or subject to changes in legislation

Next Review: Autumn 2017

Date of any amendments made to policy & brief points:

Date	Section
02.11.15	4. Achievement Assistant added to the process.

Cowbridge Comprehensive School Anti-Bullying Policy

- 1) **Context:** This policy follows the guidance issued by the Welsh Government –
‘Respecting Others’ 23/2003
‘Respecting Others’ 2011
Behaving and Attending: Action Plan responding to the National Behaviour and Attendance Review (2009)
Behaviour in Schools – Safe and Effective Intervention 071/2009
United Nations Convention on the Rights of the Child

Cowbridge Comprehensive School Behaviour and Discipline Policy

2) Objectives of this Policy

Cowbridge Comprehensive School Anti-Bullying Policy outlines what Cowbridge Comprehensive School will do to prevent and tackle bullying. The policy has been drawn up through the involvement of the whole school community including

- Pupils through the mechanism of Year and School Council
- School governors
- School staff
- Parents
- Youth Service
- LEA officers

We recognize it is a basic entitlement of all pupils in Cowbridge Comprehensive School to engage in their everyday activities and education, free from humiliation, oppression and abuse. It is expected that all members of the school community will actively work to identify, report and tackle incidents of bullying.

3) Our school community:

- Discusses, monitors and reviews our anti-bullying policy on a regular basis.
- Supports staff to promote positive relationships and identify and tackle bullying appropriately.
- Ensures that pupils are aware that all bullying concerns will be dealt with sensitively and effectively; that pupils feel safe to learn; and that pupils abide by the anti-bullying policy.
- Reports back to parents / carers regarding their concerns on bullying and deals promptly with complaints. Parents/ carers in turn work with the school to uphold the anti-bullying policy.
- Seeks to learn from good anti-bullying practice elsewhere and utilises support from the Local Authority and other relevant organisations when appropriate.

4) Definition of bullying

Bullying is “**Behaviour by an individual or a group, usually repeated over time, that intentionally hurts another individual either physically or emotionally**”.

Bullying can include: name calling, taunting, mocking, making offensive comments,; kicking; hitting; taking belongings; inappropriate text messaging and electronic messaging (including through web-sites, social networking sites and instant messenger); sending offensive or degrading images by phone or via the internet; producing offensive graffiti; gossiping; excluding people from groups and spreading hurtful and untruthful rumours.

5) Forms of bullying covered by this Policy

Bullying can happen to anyone. This policy covers all types of bullying including:

- o Bullying related to race, religion or culture.
- o Bullying related to special educational needs.
- o Bullying related to appearance or health conditions.
- o Bullying related to sexual orientation.
- o Bullying of young carers or looked after children or otherwise related to home circumstances.
- o Sexist or sexual bullying.
- o Cyber bullying

What are the signs of bullying?

- o Depression, i.e. pupil may become withdrawn, lack confidence
- o Low self esteem
- o Truancy, lateness
- o Isolation
- o Academic underachievement
- o Lack of concentration
- o Threaten suicide
- o Have their possessions go missing or get damaged
- o Change usual routine
- o Fear travelling to and from school

4) Preventing, identifying and responding to bullying

We will:

- o Never assume bullying does not happen in our school
- o Never ignore suspected bullying
- o Listen carefully to all accounts, never assuming several pupils saying the same does not make a truth
- o Work with staff and outside agencies to identify all forms of prejudice-driven bullying.
- o Actively provide systematic opportunities to develop pupils' social and emotional skills, including their resilience.
- o Consider all opportunities for addressing bullying including through the curriculum, through displays, through peer support and through the School Council.
- o Ensure all staff follow procedures in the event they identify bullying.
- o Actively create "safe spaces" for vulnerable children and young people.

Other strategies used by the school will include:

- o giving a strong ethos in school promoting tolerance and respect for difference and diversity;
- o providing training for all staff members to raise and maintain awareness including new staff;
- o periodic consultation with pupils to find out what bullying occurs, when, where, by whom;
- o publicising outside organisations such as Child Line who can offer help to pupils who are being bullied; (see appendices)
- o ensure there are confidential and varied means of alerting the school to current bullying;
- o ensure efficient patrolling of the school by staff, especially toilets, lunch queues and secluded areas;
- o attempt to break down age group isolation e.g. reading scheme, 6th Form mentoring scheme;
- o investigate and further develop the 6th Form mentoring system;

o prompt and thorough investigation of incidents, including contact with parents of the bullied child and children exhibiting bullying behaviour in order to agree a course of action.

4) **Responding to Bullying**

Any bullying incident must be reported. Bullying can only be tackled effectively if we know there is a problem. Pupils who are being bullied or other pupils who know or suspect that someone else is being bullied can report problems via a 'Bully Box'. This will be checked on a daily basis by Heads of Year and will be acted upon. Alternatively the issue can be reported to a 6th Form mentor if appropriate, Form Teacher, Head of Year or any other adult a pupil feels comfortable in talking to. The school can also be contacted by letter or e mail. All contact will be treated as confidential.

If the report of bullying is from a parent then the victim's Achievement Assistant (Year specific) should be the first point of contact.

It would be helpful in these circumstances if parents could:

- try to stay calm;
- be as specific as possible about what has happened;
- make note of what action the school intends to take;
- ask if there is anything that they can do to help their child at school;
- stay in touch with the school.

It would be helpful in a general sense if parents would encourage children to be friendly and tolerant to others and not aggressive.

Step 1

The person receiving the complaint will keep a written record of the conversation. The incident will then be referred to the appropriate Head of Year in the first instance. If necessary the victim will be interviewed by the appropriate member of staff. A written record will be kept. The Head of Year and any staff who subsequently deal with the issue must complete and maintain accurate records. These sheets should be signed and dated.

The alleged bully will be interviewed separately. A written record will be kept.

Any witnesses will be interviewed and a written record will be kept.

In the event of a complaint being upheld parents of both parties will be informed. Coping strategies with the victim will be discussed to avoid the situation. Reassurance will be offered. The bully will be counselled by staff members, told to stop and given an official warning. The underlying cause of any bullying will be discussed. This will be recorded. The bully will be informed of the procedures that will take place should the incident occur again.

Step 2

If the behaviour is repeated the bully's parents will be invited into school to discuss the situation. The pupil will be placed "on report" and an after school detention will follow. All teachers will be alerted to the problem.

Step 3

Any repetition of this behaviour will result in "inclusion" with the pupil working in isolation from his/her peers.

The school may access the Learning Support department and outside agencies along with parents to attempt to correct behaviour.
In cases of severe and persistent bullying exclusion from school may follow.

Victims will need to be reassured that any repercussions will lead to sanctions being applied against the bully.

These procedures do not cut across, compromise or pre-empt the right of the parents or victim to make a direct complaint to the police.

Some of the above steps may be bypassed dependent on the specific nature of the case.

4) Involvement of pupils / students

We will:

- Regularly canvas children and young people's views on the extent and nature of bullying.
- Ensure students know how to express worries and anxieties about bullying.
- Ensure all students are aware of the range of sanctions that may be applied against those engaging in bullying.
- Involve students in anti-bullying campaigns in schools.
- Publicise the details of helplines and websites.
- Offer support to students who have been bullied.
- Work with students who have been bullying in order to address the problems they have.
- Fulfill our duty in completing a termly report to the LA specifying the nature and frequency of bullying incidents

5) Liaison with parents and carers

We will:

- Ensure that parents / carers know whom to contact if they are worried about bullying.
- Ensure parents know about our complaints procedure and how to use it effectively.
- Ensure parents / carers know where to access independent advice about bullying.
- Work with parents and the local community to address issues beyond the school gates that give rise to bullying.

6) Monitoring & review, policy into practice

We will review this Policy at least once every two years as well as if incidents occur that suggest the need for review.

7) Responsibilities

This Policy only works if it ensures that the whole school community understands that bullying is not tolerated and understands the steps that will be taken to both prevent and respond to bullying.

It is the responsibility of:

- School Governors to take a lead role in monitoring and reviewing this policy.
- Governors, the Head teacher, senior managers, teaching and non-teaching staff to be aware of this policy and implement it accordingly.
- The Head teacher to communicate the policy to the school community.
- Pupils to abide by the policy.

The named contact for this policy is: Mr. Julian Davis, Deputy Head teacher.

Appendix 1a**CHECKLIST FOR ANTI-BULLYING POLICY**

Has the organisation consulted widely in developing its policy? E.g. Pupils, staff, governors and parents/carers?	
Does the policy acknowledge that the organisation considers bullying to be unacceptable and is committed to dealing with it?	
Are staff/pupils' views on bullying sought regularly and is it clear how they can contribute ideas about how to tackle bullying?	
Does the policy define what the organisation considers bullying to be?	
Is it clear and age-appropriate?	
Does the policy identify types of bullying behaviour?	
Do we keep a record of bullying incidents and analyse it for patterns-people, places and groups?	
Does the policy ensure that pupils/staff are aware that all bullying concerns will be dealt with sensitively and effectively and support offered to those who have been bullied?	
Does the policy ensure that all pupils/staff are aware of the disciplinary processes for those involved in bullying incidents	
Do the aims and objectives include supporting pupils who have been bullying in order to address the problems they have?	
Are there clear procedures for reporting incidents of bullying for pupils/staff?	
Do parents/carers know whom to contact if they are worried about bullying?	
Do parents/carers know about the complaints procedure and how to use it?	
Are teaching and non-teaching staffs clear about their responsibilities?	
Does the policy identify a range of strategies that can be used by parents/carers, pupils and the organisation as a whole to reduce bullying?	
Are there clear processes for the policy to be monitored and its aims restated to the whole organisation?	

Appendix 1b

Bullying Incidents Termly Reporting Form (Secondary Schools)

School Name:			
Term:		Academic Year:	

Total number of incidents of bullying recorded:	
Total number of pupils responsible:	
Total number of victims:	

Please provide the following additional information:

Detail of pupils responsible:	Male	Female	Total
Year Group:			
• Year 7			
• Year 8			
• Year 9			
• Year 10			
• Year 11			
• Year 12/13			
LAC			
Ethnic group:			
• White British			
• White Non-British			
• Mixed			
• Asian			
• Black			
• Chinese / Chinese British			
• Any other ethnic background			
• Ethnic background not known			

Detail of victims:	Male	Female	Total
Year Group:			
• Year 7			
• Year 8			
• Year 9			
• Year 10			
• Year 11			
• Year 12/13			

LAC Ethnic group:			
• White British			
• White non British			
• Mixed			
• Asian			
• Black			
• Chinese / Chinese British			
• Any other ethnic background			
• Ethnic background not known			

Incidents

Of the bullying incidents, how many were:			
Verbal / Emotional		Cyber	
Physical		Other	
Nature of Bullying How many were:			
Racist		Disability / Additional Needs	
Sexist / Sexual		Religion/Culture	
Homophobic		Other	

Please detail any additional support required of the LA that you have identified to help tackle bullying issues, e.g. training

Head teacher Signature:		Date:	
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Appendix 2a

Bullying Incident Log

Name of pupil	Gender		Year Group	Date of Incident	Investigated		Victim			Outcome	Type of bullying (refer to key)							
	M	F			By whom	Date	M	F	Year Group		1	2	3	4	5	6	7	8

Key: Type of Bullying

1 – Verbal / Emotional, 2 – Physical, 3 – Cyber , 4 – Disability / Special Needs, 5 – Race, Religion, Culture, 6 – Sexist / Sexual, 7 – Homophobic, 8 – Other

ADVICE, COUNSELLING AND SUPPORT ORGANISATIONS

It should be noted that the Vale of Glamorgan Council is not responsible for the content or reliability of the linked websites. Listing should not be taken as endorsement of any kind. We cannot guarantee that these links will work all of the time and we have no control over the availability of linked pages.

Stonewall Cymru Education for All Campaign
Stonewall Cymru
Transport House 1
Cathedral Road
Cardiff
CF11 9SB
Tel: 029 2023 7744

Education for All is a joint campaign developed by Stonewall, FFLAG and LGBT Youth Scotland.

The aim of Education for All is to ensure that all young lesbian, gay and bisexual (LGB) people can fulfill their potential, and that the UK's schools and education systems can deal appropriately with homophobia and homophobic bullying. We are working with a broad-based coalition of organisations; including government departments, local authorities, unions, voluntary and community organisations, children and LGB groups to develop and implement a Great Britain-wide action plan to address this problem.

Our Education for All website brings together practical resources and information for both education professionals and young people, to support and enable them to identify and deal effectively with homophobic bullying.

If you would like more information about the campaign contact:

Stonewall Cymru
Transport House 1
Cathedral Road
Cardiff
CF11 9SB
Tel: 029 2023 7744

www.stonewallcymru.org.uk

NSPCC

Shân Jones
Education Adviser
44 The Parade
Roath
Cardiff
CF24 3AB
Tel No: 01792 245545

www.nspcc.org.uk (has links to a selection of materials for children, parents and schools).

The NSPCC provides: -

- training, workshops and talks on bullying behaviours and strategies for parents and professionals;
- support for inset training on tackling bullying behaviours and developing anti-bullying policy;
- support for PSE related topics, alongside child protection and emotional literacy and health can also be covered – with each topic being tailored to suit the need of individual organisations;
- peer support training for professionals;
- a wealth of free advice and publications on the NSPCC website with the "inform" section is a good starting point for those looking for information.
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The Swansea office also provides the following services: Young Witness Service, Advocacy Service, and Training and Consultancy.

Children in Wales

Sarah Thomas
Windsor Place
Cardiff
[Email: Sarah.Thomas@childreninwales.org.uk](mailto:Sarah.Thomas@childreninwales.org.uk)
Tel No: 02920 342434

www.childreninwales.org.uk/areasofwork/bullying/index.html (has links to other sources of help and information)

Member of the Welsh Anti-Bullying Network Aims:

- To raise the profile of bullying and its effects
 - To identify and highlight those groups most at risk
 - To ensure all young people can participate in and benefit from the groups development
 - To co-ordinate a strategic anti-bullying approach across Wales
 - To share best practice within groups, and with schools, parents and young people
 - Look broadly at problems in schools and the wider community
-

Action for Children (formerly NCH)

Jane Isaacs
St David's Court
68a Cowbridge Road East
Cardiff
CF11 9DN
Tel No: 02920 222127

www.actionforchildren.org.uk (has links to other sources of help and information)

A children's charity that supports and speaks out for the UK's most vulnerable children and young people.

Offers a wide range of services that can help schools to promote children's well-being and self-confidence.

Provides needs-led, child-centred services tailored to each school's particular requirement e.g. 1:1 sessions or group work with pupils; work with teachers and family on various issues and in a range of settings.

CHIPS (Childline in Partnership)

Alex Walters
Tel No: 02076 506873
Young persons help line: 08001111

www.childline.org.uk

CHIPS (Childline In Partnership) offers training for teachers, staff workshops for schools and peer support training and advice - both are general and can be applied specifically to bullying. Printed packages support the training including resources for teachers to use. Services are available for both secondary and primary schools. There is a cost to some services but services are subsidised to minimise the expense to schools.

ChildLine

Freepost 1111
London N1
0BR
Freephone: 0800 1111

This is a free, 24-hour help line for children and young people in the UK. Children and young people can call the freephone number to talk about any problem.
Barnados

www.barnados.org.uk

A major charity which runs a number of projects aimed at helping the most vulnerable children and young people transform their lives and fulfil their potential (including bullying related issues).

BBC

www.bbc.co.uk (has links to sources of help and information and interactive sites for children).

Bullies Out

Linda James
Project Co-ordinator
PO Box 658
Cardiff
CF11 1EY
Tel No: 02920 492169
Mobile: 07899 874358
[Email: mail@bulliesout.com](mailto:mail@bulliesout.com)

www.bulliesout.com - an anti bullying charity that was launched in May 2006 for the children and young people of Wales.

The purpose of a scheme such as this is to encourage better interpersonal relationships throughout the school/organisation and to provide a support system. All resources are available free of charge, however, this may have to change if we are unable to receive funding.

For Schools/Professionals/Governors

It should be noted that the school is not responsible for the content or reliability of the linked websites. Listing should not be taken as endorsement of any kind. We cannot guarantee that these links will work all of the time and we have no control over the availability of linked pages.

Bullying Online

www.bullying.co.uk

Bullying Online helps thousands of pupils and their parents deal with school bullying every year and the website is also used as a teaching resource.

Child Exploitation and Online Protection (CEOP)

www.thinkuknow.co.uk

This website is created by the Child Exploitation and Online Protection (CEOP) Centre and contains information on internet safety and safe surfing for young people. Topics covered include mobiles, blogging and gaming sites and allows young people the opportunity to report any concerns they have about chatting to people online.

Includes parents, teachers and resource areas.

ChildLine

www.childline.org.uk/Bullying.asp

Links to bullying resources and information sheets.

Children in Wales

www.childreninwales.org.uk/Search.html?Keywords=bullying

Children in Wales promote the interests of and take action to identify and meet the needs of children, young people and their families in Wales and work in partnership with the National Children's Bureau and Children in Scotland.

This website provides links to various documents, reports and surveys relating to bullying.

Department for Education and Skills

www.dfes.gov.uk/bullying

Provides links to bullying related material, resources and websites for schools, children, young people and parents.

Directgov

www.direct.gov.uk/en/AdvancedSearch/Searchresults/index.htm?fullText=bullying

Contains a wide range of government information and services. The site provides extensive advice for parents, including information on finding a school, healthy eating, special educational needs and youth justice. In addition to Government departments, the site also links through to other relevant websites and information sources that can offer additional advice and support.

ESTYN Inspectorate

www.estyn.gov.uk/home.asp

ESTYN published a report in June 2006 entitled 'Tackling Bullying in School – A Survey of Effective Practice'.

Kidscape

www.kidscape.org.uk

Kidscape is a registered charity, which works to keep children safe from harm. The site contains information for parents, professionals and children on preventing and dealing with bullying.

Kidscape is the first charity in the UK established specifically to prevent bullying and child sexual abuse. Kidscape believes that protecting children from harm is key.

Kidscape works UK-wide to provide individuals and organisations with practical skills and resources necessary to keep children safe from harm. The Kidscape staff equips vulnerable children with practical non-threatening knowledge and skills in how to keep themselves safe and reduce the likelihood of future harm.

Kidscape works with children and young people under the age of 16, their parents/carers, and those who work with them.

Kidscape offers:

- A Helpline offering support and advice to parents of bullied children;
- Booklets, Literature, Posters, Training Guides, Educational Videos on bullying, child protection, and parenting;
- National Comprehensive Training Programme on child safety & behaviour management issues;
- Advice and Research; and
- Confidence Building Sessions for children who are bullied

Lucky Duck Publishing Ltd

Log onto www.google.co.uk - search for "Lucky Duck No Blame Support Group"

Lucky Duck Publishing Ltd created the "No Blame" Support Group approach to bullying. It publishes videos, books and training materials for all age groups focusing on:

Anger Management	Families & Relationships
Asperger's Syndrome	Parents
Behaviour Management	Peer Support
Bullying	Self-esteem
Circle Time	Special Needs
Citizenship	Thinking Skills
Eating Disorders	Training
Emotional Literacy	Transition
Equal Opportunities	Writing
Exam Skills	

National Children's Bureau (NCB)

www.ncb.org.uk

The National Children's Bureau (NCB) was founded in 1963 and is a charitable organisation that acts as an umbrella body for organisations working with children and young people in England & Northern Ireland. The NCS works in partnership to share knowledge, resources and services to improve the lives of children and young people. The website provides links to other sources of information related to bullying.

National Society of Prevention of Cruelty to Children (NSPCC)

www.nspcc.org.uk

The National Society of Prevention of Cruelty to Children (NSPCC) aim is to protect children from cruelty, support vulnerable families, campaign for changes to the law and raise awareness about abuse and to end cruelty to children. The website links to various resources, materials and information for children and young people, parents, schools and governors.

Action For Children Children's Charity (formerly NCH)

www.actionforchildren.org.uk/

Action for Children is children's charity that helps children achieve their full potential. Action for Children runs more than 500 projects for some of the UK's most vulnerable and excluded children and young people, and their families, supporting over 160,000 people at children's

centres throughout the UK. The website provides links to documents and information on bullying related issues.

Rob Long's Education Works

www.roblong.co.uk

Provides training, publications and other services mainly in the field of education. Common topics include:

- Whole School Behaviour Management
- Classroom Management
- Behavioural, Emotional and Social Difficulties
- Emotional Literacy
- Self-Esteem
- Depression
- Adolescent and Child Development
- Communication Skills
- Team Building
- Loss and Separation
- Peer Mediation
- Anger and Confrontation Management
- Stress Management
- Playtimes
- Motivation

SNAP Cymru

www.snapcymru.org

A national charity, unique to Wales. Its main aim is to advance the education of people in Wales and support their inclusion. Trained experienced staff and volunteers work with families, children and young people, their parents, carers and professionals working with those who have or may have additional learning needs, which include SEN, disability, and other barriers e.g. exclusion, disaffection, poverty, deprivation, English or Welsh as a second language.

SNAP Cymru provides accurate information, objective advice and support for a range of issues including assessments, statements of special educational needs, bullying, school attendance, exclusion, health and social care provision and discrimination. Other services we provide include advocacy, disagreement resolution and training for young people, parents and professionals.

Stonewall

www.stonewallcymru.org.uk

Equality & Justice for lesbians, gay men & bisexuals.

TeacherNet

www.education.gov.uk/schools

The website has a wide range of resources and support for the schools workforce, dedicated areas include:

- teaching and learning;
- professional development;
- Management;
- community.

Within these areas there is information and free teaching resources and links to other websites and documents.

Teachers' TV

www.teachers.tv

This is a TV channel and website catering for everyone who works in education, from heads to NQTs, governors to support staff.

Welsh Government

<http://wales.gov.uk/dcells/publications/publications/circularsindex/03/respectingothers/nafwc2303-e.pdf?lang=en>

Links to Respecting Others: Anti-Bullying Guidance (Circular 23/2003) document and includes sections on strategies, materials and resources for schools and advice for pupils, parents and families.

Big Foot Theatre –

The Bigger Picture: Promoting Positive Relationships

www.bigfoot-theatre.co.uk

Workshops designed for maximum of 30 students aims to stimulate students into becoming aware of their own behaviour patterns and to explore the consequences that arise from choices made with regards to bullying. Students will be encouraged to explore what bullying is; how it feels; why people bully; how we can prevent and respond to it; and how they can use their social, emotional and behavioural skills to tackle this fundamental problem as a whole community in order to make their school a safe, happy and inclusive environment in which to learn.

BANES & North Somerset t 0870 950 9314

Bristol & South Gloucestershire t 0870 0114 948

Brighton t 0870 0114 914 Birmingham t 0870 0114 308

Cardiff t 0870 950 9312 Exeter t 0870 950 9311

Kent t 0870 950 9313 Leeds t 0870 950 9315

London t 0870 0114 307 Newcastle t 0870 950 9310

USEFUL WEBSITES

For Parents, Carers and Families

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Anti-Bullying Network

www.antibullying.net/

The website provides information about how bullying can be tackled. It is not an advice or counselling service. The Network was established in 1999 so that teachers, parents and young people (in Scotland) could share ideas about how bullying should be tackled. Includes links to materials, resources and websites for children and young people, families and school staff.

Bullying Online

www.bullying.co.uk

Bullying Online helps thousands of pupils and their parents deal with school bullying every year and the website is also used as a teaching resource.

Child Exploitation and Online Protection (CEOP)

www.thinkuknow.co.uk

This website is created by the Child Exploitation and Online Protection (CEOP) Centre and contains loads of information on Internet safety and safe surfing for young people. All hot topics about online safety are covered – including mobiles, blogging and gaming sites and allows young people the opportunity to report any concerns they have about chatting to people online.

Includes parents, teachers and resource areas.

ChildLine

www.childline.org.uk/Bullying

Links to bullying resources and information sheets.

Children in Wales

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This website provides links to various documents, reports and surveys relating to bullying.

Department for Education and Skills

www.education.gov.uk

Provides links to bullying related material, resources and websites for schools, children, young people and parents.

The DfES (Department for Education and Skills) set up the site as an anti-bullying resource. Contains advice for parents, teachers and pupils.

Directgov

www.direct.gov.uk

Contains a wide range of government information and services. The site provides extensive advice for parents, including information on finding a school, healthy eating, special educational needs and youth justice. In addition to Government departments, the site also links through to other relevant websites and information sources that can offer additional advice and support.

Kidscape

www.kidscape.org.uk

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Parent Line Plus

www.parentlineplus.org.uk/index.php?id=9

Parent Line Plus is a national charity that works for, and with, parents. Parent Line Plus works to offer help and support through an innovative range of free, flexible, responsive services - shaped by parents for parents.

Parents Centre

www.parentcentre.co.uk

Parents Centre provides information and support for parents on how to help with their child's learning from birth to 19 years old. The site covers a whole range of issues that you and your child may encounter, from finding childcare, homework and exams, to bullying and truancy. The forum and ask-an-expert section allow parents to share experiences and put questions to the panel of experts.

SNAP Cymru

www.snapcymru.org

A charity that offers information and support to families of children and young people who have or may have additional learning needs, which include SEN, disability, and other barriers e.g. exclusion, disaffection, poverty, deprivation, English or Welsh as a second language.

Stonewall

www.stonewallcymru.org.uk

Equality & Justice for lesbians, gay men & bisexuals.

Welsh Assembly Government

<http://wales.gov.uk/news/archivepress/educationpress/edpress2006/1087472/?lang=en> provides information on Respecting Others week 2006 and other websites on bullying
<http://wales.gov.uk/dcells/publications/publications/circularsindex/03/respectingothers/nafwc2303-e.pdf?lang=en>

Links to Respecting Others: Anti-Bullying Guidance (Circular 23/2003) document and includes sections on strategies, materials and resources for schools and advice for pupils, parents and families.

USEFUL WEBSITES

For Children and Young People

It should be noted that the school is not responsible for the content or reliability of the linked websites. Listing should not be taken as endorsement of any kind. We cannot guarantee that these links will work all of the time and we have no control over the availability of linked pages.

Anti-Bullying Network

www.antibullying.net/

The website provides information about how bullying can be tackled. It is not an advice or counselling service. The Network was established in 1999 so that teachers, parents and young people (in Scotland) could share ideas about how bullying should be tackled. Includes links to materials, resources and websites for children and young people, families and school staff.

Bullying Online

www.bullying.co.uk

Bullying Online helps thousands of pupils and their parents deal with school bullying every year and the website is also used as a teaching resource.

Child Line

www.childline.org.uk/Bullying

Links to bullying resources and information sheets.

Children in Wales

www.childreninwales.org.uk/Search.html?Keywords=bullying

Children in Wales promote the interests of and take action to identify and meet the needs of children, young people and their families in Wales and work in partnership with the National Children's Bureau and Children in Scotland.

This website provides links to various documents, reports and surveys relating to bullying.

Department for Education and Skills.

www.education.gov.uk

Provides links to bullying related material, resources and websites for schools, children, young people and parents.

The DfES (Department for Education and Skills) set up the site as an anti-bullying resource. Contains advice for parents, teachers and pupils.

Directgov

www.direct.gov.uk

Contains a wide range of government information and services. The site provides extensive advice for parents, including information on finding a school, healthy eating, special educational needs and youth justice. In addition to Government departments, the site also links through to other relevant websites and information sources that can offer additional advice and support.

Kidscape

www.kidscape.org.uk

Kidscape is a registered charity, which works to keep children safe from harm. The site contains information for parents, professionals and children on preventing and dealing with bullying.

Kidscape works with children and young people under the age of 16, their parents/carers, and those who work with them.

Kidscape offers:

- A Helpline offering support and advice to parents of bullied children;
- Booklets, Literature, Posters, Training Guides, Educational Videos on bullying, child protection, and parenting;
- National Comprehensive Training Programme on child safety & behaviour management issues;
- Advice and Research; and
- Confidence Building Sessions for children who are bullied

National Society of Prevention of Cruelty to Children (NSPCC)

Www.nspcc.org.uk/

The National Society of Prevention of Cruelty to Children (NSPCC) aim is to protect children from cruelty, support vulnerable families, campaign for changes to the law and raise awareness about abuse and to end cruelty to children. The website links to various resources, materials and information for children and young people, parents, schools and governors.

Stonewall

www.stonewallcymru.org.uk

Equality & Justice for lesbians, gay men & bisexuals

Voices from Care Cymru

www.voicesfromcarecymru.org.uk/main.htm

Voices From Care Cymru was set up in 1990 to help young people who are or have been looked after by local authorities in Wales.

FURTHER INFORMATION ON DEALING WITH BULLYING

The Welsh Assembly Government document entitled Respecting Others: Anti-Bullying Guidance Circular No 23/2003 (part 4) provides detailed information on the following Strategies to assist schools in dealing with bullying

<http://wales.gov.uk/dcells/publications/publications/circularsindex/03/respectingothers/nafwc2303-e.pdf?lang=en>

- Whole-school Approach
- Curricular Approaches to Bullying
- Co-operative Group Work (from age 5)
- Circle Time (from age 5)
- Circle of Friends (from age 5)
- Buddying (from Age 9)
- School Council (Primary & Secondary)
- The Support Group Approach (from age 9)
- Mediation by Adults (from age 7)
- Mediation by Peers (from age 7)
- Peer Support (Primary & Secondary)
- Quality Circles (Secondary)
- Assertiveness Training Groups (Primary & Secondary)
- Working with Victims
- Working with External Agencies

Additionally, Parts 9 of Circular 23/2003 provides an extensive list of materials and information available on:

- General handbooks
- Background information
- Whole-school policy development
- Curriculum materials
- Video and drama
- Quality circles
- Working with pupils involved in bullying situations
- Peer support
- Training lunchtime supervisors
- Improving playground activities and the school grounds
- Governors
- Families
- Questionnaires and checklists
- Helpful organisations (for everybody, for families, for children and for teachers)
- CD-ROMs about bullying
- Advice, information and resources for pupils, parents and families
- Organisations who can help