



Cowbridge Comprehensive School supported World Mental Health Day.

Year 8 students Annalise Lethbridge May and Otilie Rogers held a cake sale in both break times. The cake sale raised £160 (to date) for the **Young Minds** charity.

Well done to Annalise Lethbridge May and Otilie Rogers for all their hard work!!! :)

This charity focuses on helping young people to take the brave step to dealing with their mental health issues. If any student would like further information please



see- <https://youngminds.org.uk>.

Ms Rees and Mrs Taylor-John held a cake and coffee morning for all the staff. This was to raise money for the charity **Mind Cymru in memory of David Rosser**, a past student. Mind Cymru, is MIND in Wales and the charity helps and supports those suffering from mental health problems. The cake sale has raised £200 (to date)

