

Parentmail Update: 1/11/21

Welsh Government COVID-19 guidance

Dear Parent/Carer

Self-isolation Guidance

As you may know, on Friday 29 October the Welsh Government announced changes to COVID-19 self-isolation guidance which will affect pupils at school.

Self-isolation has changed when somebody in your household has coronavirus symptoms or has tested positive for coronavirus.

The main points are outlined below:

Fully vaccinated or aged 5 - 17

If someone in your household has symptoms or has tested positive and you are fully vaccinated or aged 5 to 17 you should self-isolate and take a PCR test. If your test is negative you can stop isolating.

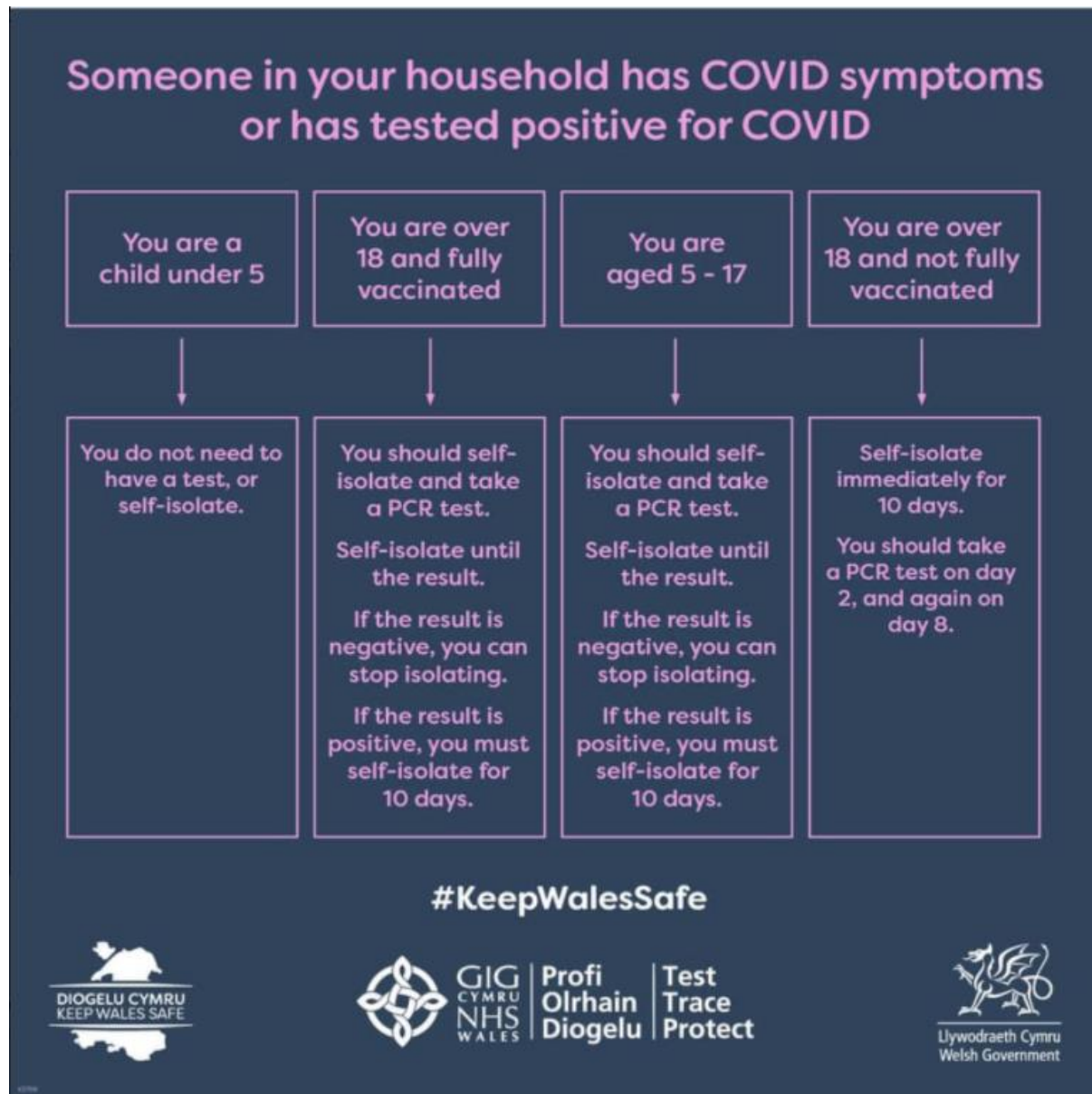
You should remain vigilant for new symptoms, and try to avoid contact with vulnerable family and friends in the short-term (e.g. elderly relatives or those who are at higher risk of severe COVID-19 infection).

Not fully vaccinated (aged 18 +)

If someone in your household has tested positive and you are not fully vaccinated you should self-isolate for 10 days. You should take a PCR test on day 2 and day 8. You should self-isolate for 10 days even if your tests are negative.

[Please click this link to view the full updated guidance from Welsh Government:](#)

Please see the diagram below from NHS Test, Trace, Protect which summarises the situation.



NHS TTP update - face coverings

We have also received updated guidance from TTP regarding COVID-19 mitigation strategies for schools. The main difference in the new guidance relates to face coverings for pupils. As a result of this updated information we will now recommend and encourage all pupils to wear face coverings when moving around indoor communal areas outside of the classroom, such as corridors, where physical distance cannot be maintained.

This message will be shared with all pupils today. We would be grateful if you could reinforce this message at home.