

## Parentmail Update: 12.11.21

Dear Parent/Carer

### **Covid-19 reminder**

If you have any coronavirus symptoms <<https://gov.wales/check-your-symptoms-see-if-youneed-coronavirus-medical-help>> (a high temperature, a new continuous cough or a loss or change of taste or smell), you should self-isolate at home and get a test <<https://gov.wales/getting-tested-coronavirus-covid-19#section-55539>>. You should not go to a GP surgery, pharmacy or hospital. Self-isolation applies to adults and children of all ages.

### **Face coverings**

We continue to recommend and encourage all pupils to wear face coverings when moving around indoor communal areas outside of the classroom, such as corridors, where physical distance cannot be maintained.

We would be grateful if you could reinforce this message at home. We will be sharing this message again with all pupils next week.

### **Welsh Government COVID-19 guidance**

Please see below a reminder of the details sent to you in recent Parentmail communications.

As you may know, on Friday 29 October the Welsh Government announced changes to COVID-19 self-isolation guidance which will affect pupils at school.

Self-isolation has changed when somebody in your household has coronavirus symptoms or has tested positive for coronavirus. The main points are outlined below:

#### **Fully vaccinated or aged 5 - 17**

If someone in your household has symptoms or has tested positive and you are fully vaccinated or aged 5 to 17 you should self-isolate and take a PCR test. If your test is negative you can stop isolating.

You should remain vigilant for new symptoms, and try to avoid contact with vulnerable family and friends in the short-term (e.g. elderly relatives or those who are at higher risk of severe COVID-19 infection).

#### **Not fully vaccinated (aged 18 +)**

If someone in your household has tested positive and you are not fully vaccinated you should self-isolate for 10 days. You should take a PCR test on day 2 and day 8. You should self-isolate for 10 days even if your tests are negative.

Please see the link below to view the full updated guidance from Welsh Government W/G Self-Isolation Guidance <<https://gov.wales/self-isolation#section-83727>>

The diagram attached is from NHS Test, Trace, Protect which summarises the situation.

### **Impact on school - staffing**

The regulations outlined above and staff illness continue to have a considerable impact on staffing levels in school. To date, we have managed to cope with these impacts. However,

the situation continues to cause us concern as we strive to maintain our present full levels of face to face teaching for all pupils.

We envisage that the next few weeks will be challenging and we will monitor the situation carefully on a day to day basis. We will keep you fully informed if the situation deteriorates and if any additional measures need to be implemented due to the impact on staffing levels.

### **Use of social media**

We would like to draw your attention to the letter sent out yesterday via Parentmail regarding the use of social media by pupils. The letter is attached again for your information.

Regards

Cowbridge Comprehensive School Senior Leadership Team.

### **Attachments**

[Someone in your household has COVID symptoms or tested positive for COVID \(1\).pdf](#)

[Letter to Parents and Carers re TikTok 11 11 2021.pdf](#)