



COWBRIDGE SCHOOL

Education, inspiration and opportunities for life.

News for the week ending 09 December 2022

Newyddion yr wyth-
nos

KEY DATES

9 - 14 Dec	Book Fair
15 Dec	Year 10 Parents' Evening
15 & 16	Nasal Flu Vaccination
19 - 22 Dec	School Production
22 Dec	END OF TERM
23 Dec	INSET DAY
	School Closed for pupils

Dear Parent/Carer

Here is our most up to date Newsletter.

We wish all families an enjoyable weekend.

Cowbridge School Senior Leadership Team.



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Scholastic Book Fair 9 - 14 December

We are delighted to be able to host the Scholastic Book Fair at the School once again. The fair will run from Friday, 9 December to Wednesday, 14 December and represents a fantastic opportunity for students to stock up on some new books in time for Christmas! Pupils will have the opportunity to browse and purchase books during break/lunch times and at other appropriate times during the school day. You can provide your child with cash to buy books if you wish; alternatively, you can purchase a voucher here:

<https://bookfairs.scholastic.co.uk/parents?nt=t>

SCHOLASTIC

Come to the BOOK FAIR

and earn FREE BOOKS for our school*

NEW **NOTHING MORE TO TELL** Karen M. McManus **TikTok favourite!** £8.99

NEW **THE FIRST TO DIE AT THE END** Adam Silvera **TikTok favourite!** £12.99 £9.99

ONLY £2.99 **PERSUASION** Jane Austen **As seen on Netflix** £5.99 £2.99

NEW **THE HEARTS OF THE YEARBOOK** Alice Oseman **SAVE £5** **As seen on Netflix** £14.99 £9.99

NEW **MARCUS RASHFORD YOU CAN DO IT** **Bestselling author** £9.99 £7.99

NEW **THIS WOVEN KINGDOM** Tahereh Mafi £8.99

CHOOSE FROM OVER 200 OF THE BEST NEW BOOKS FROM ONLY £2.99!

Child Poverty Action Group - Financial Help For Families

The link attached will enable you to view the Financial Help for Families publication published by the Child Poverty Action Group. The publication contains financial information and relevant advice for households with children.

For those supporting households with children, please see this handbook: [Financial Help for Families](#)



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Increase in scarlet fever and invasive streptococcal disease in 2022



GIG
CYMRU
NHS
WALES | Iechyd Cyhoeddus
Cymru
Public Health
Wales

**Tîm Amddiffyn Iechyd
Health Protection Team**

Ffôn/Tel: 0300 00 300 32

Ebost/Email: aware@wales.nhs.uk

Your ref:

Our ref:

Date:

Gwefan/Web:

www.iechydcyhoedduscymru.org

To:

Pre-school nurseries

Primary and secondary schools

Local Authority Education Departments

Health Boards for the attention of: Public Health Team; Health Visitors; Primary Care; School Health Nurses

Dear Colleagues,

Re: Increase in scarlet fever and invasive streptococcal disease in 2022

We are writing to inform you of a recent increase in notifications of scarlet fever and invasive streptococcal disease. There were 1,512 notifications of scarlet fever in the first 47 weeks of 2022, compared to 948 in the same period in 2019. There were lower numbers of scarlet fever notifications across 2020 and 2021 (likely due to changes in transmission and behaviour during this period).

We are notifying schools and nurseries as this infection mostly affects children aged under 10 years, and so outbreaks can occur in schools and nurseries. Older children are also susceptible to streptococcal sore throats but may not have the rash of scarlet fever.

Signs and symptoms of scarlet fever

Scarlet fever, sometimes called scarlatina, is an infectious disease caused by group A streptococcus (GAS) bacteria (also known as *Streptococcus pyogenes*).

It is highly infectious and can be caught through direct contact with an infected person or through the air via droplets from coughs or sneezes.

The characteristic symptom of scarlet fever is a widespread, fine pink-red rash that feels like sandpaper to touch. Other symptoms include a high temperature, a flushed face and a red, swollen tongue.

Treatment is straightforward and usually involves a course of penicillin antibiotics.



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Complications of scarlet fever and streptococcal infection

Most cases of scarlet fever cause no complications, especially if the condition is properly treated. However, complications in the early stages of the disease can include ear infection, throat abscess, sinusitis, pneumonia and meningitis.

Very rare complications include rheumatic fever, kidney damage, liver damage, bone infection, blood poisoning and toxic shock syndrome which can be life-threatening.

There has been an increase in severe disease caused by this bacterium (invasive group A streptococcal infections) in late 2022, including some fatal cases in children. Invasive disease may occur without a person having had scarlet fever or sore throat first. Early signs of invasive disease include: high fever, severe muscle aches, local muscle tenderness, or redness at the site of a wound. If there are any concerns about invasive disease, then urgent medical advice must be sought.

Recommended actions

- Staff should be aware of the possibility of this infection in children who become ill with a fever, sore throat or rash
- Parents of unwell children should be advised to seek medical advice for diagnosis and treatment
- **A person with scarlet fever should withdraw** from your setting for **24 hours** after the commencement of appropriate antibiotic treatment
- Where there are 2 or more cases of scarlet fever in your setting within the same 10-day period, please notify the Health Protection Team on 0300 00 300 32 for further guidance
- Scarlet fever circulating at the same time as **chickenpox or influenza** can increase the risk of invasive disease - please report this to the Health Protection Team as above
- Good hand hygiene and avoidance of spread of respiratory secretions (as per influenza- "catch it, bin it, kill it") can help to prevent the spread of infection

Many thanks for your assistance.

Yours sincerely,

Dr Rhianwen Stiff
Consultant in Communicable Disease Control

Source of advice:

NHS 111 Wales scarlet fever webpage <https://111.wales.nhs.uk/encyclopaedia/s/article/scarletfever>



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CLEVERCHEFS

After half term, Cleverchefs will be working with Cowbridge School to create and deliver our joint mission of fun, healthy school dinners. Importantly, menus will focus on using fresh, British and Welsh ingredients, ensuring sustainability is at the heart of the process. The menus below will become available from November 7th and will incorporate student and staff voice and feedback over time.

Main Menu

Scholars Menu

Morning Break menu

CLWB CLONC/CHAT CLUB (YEAR 11)

The Welsh Department has organised an opportunity for Year 11 pupils practise their spoken Welsh in a relaxing and fun environment in preparation for speaking exams and to improve fluency and confidence.

The club will be running:

Week 1 - Friday Lunch (B1B)

Week 2 - Tuesday Lunch (B1B)

CLWB CLONC

**CHAT & PRACTISE YOUR WELSH LANGUAGE SKILLS
LUNCH WEEK 1 (FRIDAY) & WEEK 2 (TUESDAY)**





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Music Extra-Curricular Activities 2022-2023

	A1C	A1I	A1D	<i>Afterschool rehearsals</i>
Monday	Ukulele Group 8:20 - 8:50	Senior Jazz Group 8:20 - 8:50	Flute Group 8:20 - 8:50	<i>Sixth form Acapella Group</i>
Tuesday	Concert Band 8:20 - 8:50	Junior Jazz Group 8:20 - 8:50		<i>School Musical A1C / Main Hall</i>
Wednesday	KS3 Vocal Group (Year 7, 8, 9) 8:20 - 8:50	String Group 8:20 - 8:50		<i>Big Band A1C</i>
Thursday	Senior Orchestra 8:20 - 8:50	Junior Orchestra 8:20 - 8:50		<i>School Musical A1C / Main Hall</i>
Friday	KS4/KS5 Vocal Group 8:20 - 8:50			

PE Extra Curricular Clubs

	Monday	Tuesday	Wednesday	Thursday	Friday
Registration 8.30 -8.55am			Y7-13 Girls & Boys Running Club		
Lunchtime 12.15-12.45			Y7 Netball		
After School 3-4pm <i>**You will need to arrange transport home at 4pm</i>	Y9-13 Senior Hockey Y10 &11 Rugby Y8 Rugby Y7 Boys Football Fixtures	Open Netball Y7 Rugby Y9 &10 Football Y8&9 Netball Fixtures	Y10-13 Senior Netball Y7&8 Hockey Fixtures	Y8 Boys Football Y7&8 Girls Football Y9 Rugby Archery Fixtures	Y11-13 Senior Football

A register of pupils will be taken every session. More clubs to be added soon!

NB. This does not include additional information regarding specific fixture details. These will be advertised on the PE notice boards.



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Clwb Cymraeg (Welsh Club)

The Clwb Cymraeg (Welsh Club) is an exciting opportunity for pupils in Year 7 to learn and practice Welsh skills. The club is run by the Welsh Department in collaboration with the Urdd and held in B1B at lunchtime on Thursdays Week 1

CLWB CYMRAEG

**Cyfle i wneud gweithgareddau a chwarae gemau tra'n
ceisio dysgu a siarad mwy o Gymraeg!!**

**An opportunity to do activities and play games while
trying to learn and speak more Welsh!!**

Pryd | When?

**Amser cinio ar Ddydd Iau (Wythnos 1)
Lunch time on Thursdays (Week 1)**

Pwy? | Who?

**Disgyblion Blwyddyn 7
Year 7 Pupils**

Ble? | Where?

Ystafell B1B | Room B1B



Gwybodaeth | Info:
heleddllewelyn@urdd.org



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a Chymuned

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1922 - 2022



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STARTS TUESDAY 4TH OCTOBER

YEARS 7 AND 8



FOREIGN LANGUAGE FILM CLUB



WATCH FRENCH, GERMAN, SPANISH AND ITALIAN FILMS

IN B2E @ 12:30 ON TUESDAYS

**YOU CAN BRING A PACKED LUNCH WITH
YOU, OR A LIMITED NUMBER OF EARLY
LUNCH PASSES ARE AVAILABLE FROM
B2E AT BREAKTIME ON THE DAY**

