



# COWBRIDGE SCHOOL

*Education, inspiration and opportunities for life.*

## News for the week ending 18 November 2022

### Newyddion yr wythnos

#### KEY DATES

29 Nov	Year 13 Parents' Evening
1 Dec	Christmas Concert
7 Dec	Tyfu celebration event Year 7-9
12 Dec	Book Fair
15 Dec	Year 10 Parents' Evening
19 - 22 Dec	School Production
22 Dec	<b>END OF TERM</b>
23 Dec	<b>INSET DAY</b>
	School Closed for pupils

**Dear Parent/Carer**

**Here is our most updated Newsletter.**

**We wish all families an enjoyable weekend.**

**Cowbridge School Senior Leadership Team.**

#### Child Poverty Action Group - Financial Help For Families

The link attached will enable you to view the Financial Help for Families publication published by the Child Poverty Action Group. The publication contains financial information and relevant advice for households with children.

For those supporting households with children, please see this handbook: [Financial Help for Families](#)



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# CLEVERCHEFS

After half term, Cleverchefs will be working with Cowbridge School to create and deliver our joint mission of fun, healthy school dinners. Importantly, menus will focus on using fresh, British and Welsh ingredients, ensuring sustainability is at the heart of the process. The menus below will become available from November 7th and will incorporate student and staff voice and feedback over time.

Main Menu

Scholars Menu

Morning Break menu

## CLWB CLONC/CHAT CLUB (YEAR 11)

The Welsh Department has organised an opportunity for Year 11 pupils practise their spoken Welsh in a relaxing and fun environment in preparation for speaking exams and to improve fluency and confidence.

The club will be running:

Week 1 - Friday Lunch (B1B)

Week 2 - Tuesday Lunch (B1B)

# CLWB CLONC

**CHAT & PRACTISE YOUR WELSH LANGUAGE SKILLS  
LUNCH WEEK 1 (FRIDAY) & WEEK 2 (TUESDAY)**





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## INTRODUCTION TO ARCHERY

Starting soon, we are offering a 3-week Introduction to Archery Course for pupils.

All coaching and equipment will be provided. Spaces are limited, so pupils must register their interest using the [Google Form here](#) or follow the link below:

<https://forms.gle/mN3Sv3vmc9BYgTqM9>

As soon as we have an idea about how many people would like to take part, we will be in touch with start dates. More information about the Archery Club can be found on our Twitter account @ccsarchery.

Diolch!  
Mr Morgan and Mr Gittins



## INTRODUCTION TO ARCHERY

Would you be interested in a free 3-week introduction to archery course?

Archery is a sport demanding a range of skills from a steady hand, strong shoulders, flexible muscles, a keen eye and a cool disposition.

All coaching and equipment provided.

### **WEEK ONE : HITTING THE TARGET**

From the very first session your instructor will take the group through the basic technique to get archers shooting their first arrows. You will start to understand the different phases that make up a single shot and try out scoring.

### **WEEK TWO : TAKING AIM**

You will be introduced to freestyle shooting, given time to refine your skills for an individual phase of shooting and develop your scoring as part of a team. You'll practice how to aim and release the arrow, and continue to get the feel for achieving good form.

### **WEEK THREE : GETTING THE GOLD**

You will become more comfortable maintaining good basic form, developing your draw technique and shooting lots of arrows. Have the chance to win your first award.

**Spaces are limited, so register your interest via the Google Form in your school email inbox.  
See Mr Morgan or Mr Gittins for more information.**



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## Music Extra-Curricular Activities 2022-2023

	A1C	A1I	A1D	<i>Afterschool rehearsals</i>
<b>Monday</b>	Ukulele Group 8:20 - 8:50	Senior Jazz Group 8:20 - 8:50	Flute Group 8:20 - 8:50	<i>Sixth form Acapella Group</i>
<b>Tuesday</b>	Concert Band 8:20 - 8:50	Junior Jazz Group 8:20 - 8:50		<i>School Musical A1C / Main Hall</i>
<b>Wednesday</b>	KS3 Vocal Group (Year 7, 8, 9) 8:20 - 8:50	String Group 8:20 - 8:50		<i>Big Band A1C</i>
<b>Thursday</b>	Senior Orchestra 8:20 - 8:50	Junior Orchestra 8:20 - 8:50		<i>School Musical A1C / Main Hall</i>
<b>Friday</b>	KS4/KS5 Vocal Group 8:20 - 8:50			

## PE Extra Curricular Clubs

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Registration 8.30 -8.55am</b>			Y7-13 Girls & Boys Running Club		
<b>Lunchtime 12.15-12.45</b>			Y7 Netball		
<b>After School 3- 4pm</b>  **You will need to arrange transport home at 4pm	Y9-13 Senior Hockey  Y10 &11 Rugby  Y8 Rugby  Y7 Boys Football  Fixtures	Open Netball  Y7 Rugby  Y9 &10 Football  Y8&9 Netball  Fixtures	Y10-13 Senior Netball  Y7&8 Hockey    Fixtures	Y8 Boys Football  Y7&8 Girls Football  Y9 Rugby  Archery  Fixtures	Y11-13 Senior Football

A register of pupils will be taken every session. More clubs to be added soon!

NB. This does not include additional information regarding specific fixture details. These will be advertised on the PE notice boards.



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## Clwb Cymraeg (Welsh Club)

The Clwb Cymraeg (Welsh Club) is an exciting opportunity for pupils in Year 7 to learn and practice Welsh skills. The club is run by the Welsh Department in collaboration with the Urdd and held in B1B at lunchtime on Thursdays Week 1

# CLWB CYMRAEG

**Cyfle i wneud gweithgareddau a chwarae gemau tra'n  
ceisio dysgu a siarad mwy o Gymraeg!!**

**An opportunity to do activities and play games while  
trying to learn and speak more Welsh!!**

### **Pryd | When?**

**Amser cinio ar Ddydd Iau (Wythnos 1)  
Lunch time on Thursdays (Week 1)**

### **Pwy? | Who?**

**Disgyblion Blwyddyn 7  
Year 7 Pupils**

### **Ble? | Where?**

**Ystafell B1B | Room B1B**



**Gwybodaeth | Info:**  
[heleddllewelyn@urdd.org](mailto:heleddllewelyn@urdd.org)



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**100**  
1922 - 2022



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STARTS TUESDAY 4TH OCTOBER

YEARS 7 AND 8

# FOREIGN LANGUAGE FILM CLUB

WATCH FRENCH, GERMAN, SPANISH AND ITALIAN FILMS

IN B2E @ 12:30 ON TUESDAYS

YOU CAN BRING A PACKED LUNCH WITH  
YOU, OR A LIMITED NUMBER OF EARLY  
LUNCH PASSES ARE AVAILABLE FROM  
B2E AT BREAKTIME ON THE DAY

