

Education, inspiration and opportunities for life.

Newyddion yr wythnos

# News for the week ending 18 November 2022

### KEY DATES

29 Nov	Year 13 Parents' Evening		
1 Dec	Christmas Concert		
7 Dec	Tyfu celebration event Year 7-9		
12 Dec	Book Fair		
15 Dec	Year 10 Parents' Evening		
19 - 22 Dec	School Production		
22 Dec	END OF TERM		
23 Dec	INSET DAY		
	School Closed for pupils		

## Dear Parent/Carer

Here is our most updated Newsletter.

We wish all families an enjoyable weekend.

Cowbridge School Senior Leadership Team.

## Child Poverty Action Group - Financial Help For Families

The link attached will enable you to view the Financial Help for Families publication published by the Child Poverty Action Group. The publication contains financial information and relevant advice for households with children.

For those supporting households with children, please see this handbook: <u>Financial Help for Families</u>



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# CLEVERCHEFS

After half term, <u>Cleverchefs</u> will be working with Cowbridge School to create and deliver our joint mission of fun, healthy school dinners. Importantly, menus will focus on using fresh, British and Welsh ingredients, ensuring sustainability is at the heart of the process. The menus below will become available from November 7th and will incorporate student and staff voice and feedback over time.

<u>Main Menu</u>

<u>Scholars Menu</u>

Morning Break menu

#### CLWB CLONC/CHAT CLUB (YEAR 11)

The Welsh Department has organised an opportunity for Year 11 pupils practise their spoken Welsh in a relaxing and fun environment in preparation for speaking exams and to improve fluency and confidence.

The club will be running:

Week 1 - Friday Lunch (B1B)

Week 2 - Tuesday Lunch (B1B)





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#### INTRODUCTION TO ARCHERY

Starting soon, we are offering a 3-week Introduction to Archery Course for pupils.

All coaching and equipment will be provided. Spaces are limited, so pupils must register their interest using the <u>Google Form here</u> or follow the link below:

#### https://forms.gle/mN3Sv3vmc9BYgTqM9

As soon as we have an idea about how many people would like to take part, we will be in touch with start dates. More information about the Archery Club can be found on our Twitter account @ccsarchery.

Diolch! Mr Morgan and Mr Gittins



## **INTRODUCTION TO ARCHERY**

Would you be interested in a free 3-week introduction to archery course?

Archery is a sport demanding a range of skills from a steady hand, strong shoulders, flexible muscles, a keen eye and a cool disposition.

All coaching and equipment provided.

## **WEEK ONE : HITTING THE TARGET**

From the very first session your instructor will take the group through the basic technique to get archers shooting their first arrows. You will start to understand the different phases that make up a single shot and try out scoring.

## WEEK TWO : TAKING AIM

You will be introduced to freestyle shooting, given time to refine your skills for an individual phase of shooting and develop your scoring as part of a team. You'll practice how to aim and release the arrow, and continue to get the feel for achieving good form.

## WEEK THREE : GETTING THE GOLD

You will become more comfortable maintaining good basic form, developing your draw technique and shooting lots of arrows. Have the chance to win your first award.

Spaces are limited, so register your interest via the Google Form in your school email inbox. See Mr Morgan or Mr Gittins for more information.



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#### Music Extra-Curricular Activities 2022-2023

	A1C	A1I	A1D	Afterschool rehearsals	
Monday	Ukulele Group 8:20 - 8:50	Senior Jazz Group 8:20 - 8:50	Flute Group 8:20 - 8:50	Sixth form Acapella Group	
Tuesday	Concert Band 8:20 - 8:50	Junior Jazz Group 8:20 - 8:50		School Musical A1C / Main Hall	
Wednesday	KS3 Vocal Group (Year 7, 8, 9) 8:20 - 8:50	String Group 8:20 - 8:50		Big Band A1C	
Thursday	Senior Orchestra 8:20 - 8:50	Junior Orchestra 8:20 - 8:50		School Musical A1C / Main Hall	
Friday	KS4/KS5 Vocal Group 8:20 - 8:50				

#### PE Extra Curricular Clubs

	Monday	Tuesday	Wednesday	Thursday	Friday
Registration 8.30 -8.55am			Y7-13 Girls & Boys Running Club		
Lunchtime 12.15-12.45			Y7 Netball		
After School 3- 4pm **You will need to arrange transport home at 4pm	Y9-13 Senior Hockey Y10 &11 Rugby Y8 Rugby Y7 Boys Football	Open Netball Y7 Rugby Y9 &10 Football Y8&9 Netball	Y10-13 Senior Netball Y7&8 Hockey	Y8 Boys Football Y7&8 Girls Football Y9 Rugby Archery	Y11-13 Senior Football
	Fixtures	Fixtures	Fixtures	Fixtures	

A register of pupils will be taken every session. More clubs to be added soon!

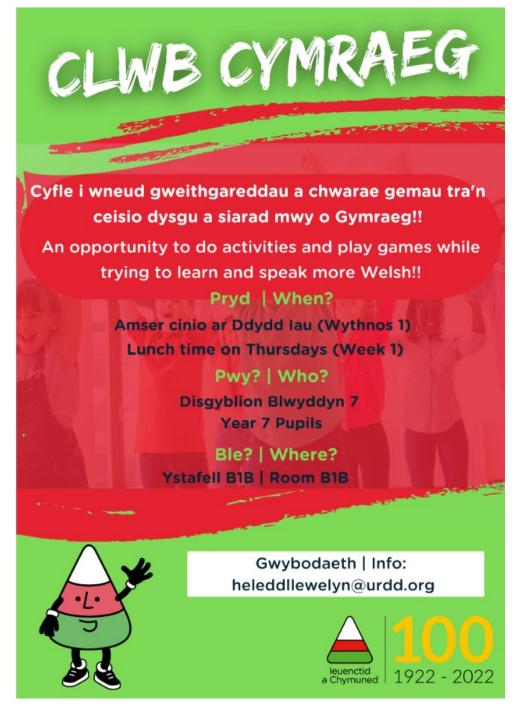
NB. This does not include additional information regarding specific fixture details. These will be advertised on the PE notice boards.



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#### Clwb Cymraeg (Welsh Club)

The Clwb Cymraeg (Welsh Club) is an exciting opportunity for pupils in Year 7 to learn and practice Welsh skills. The club is run by the Welsh Department in collaboration with the Urdd and held in B1B at lunchtime on Thursdays Week 1





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