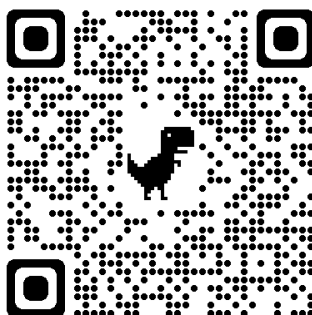


Study Skills Videos

Prioritising



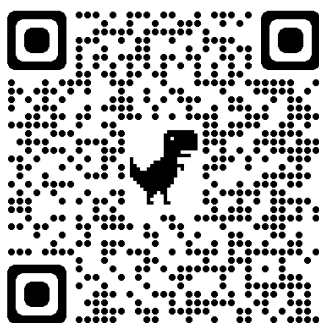
Organising



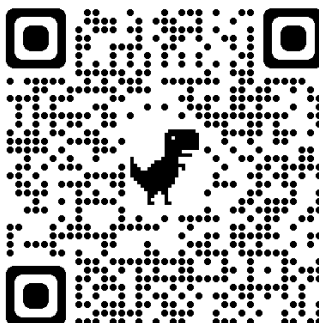
Flash Cards



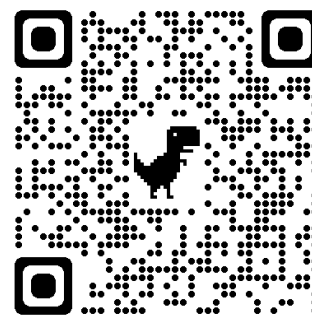
Self Quizzes



Mind Maps



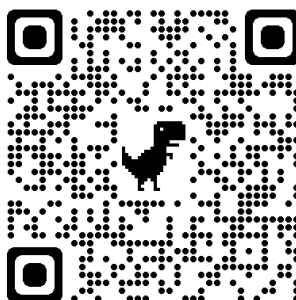
Brain Dump



Spacing



Check for Understanding



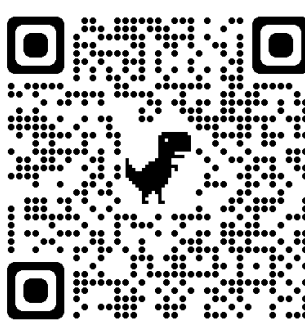
Dangers of Re-Reading



Food & Hydration



Rest & Sleep



Listening to Music

