



COWBRIDGE SCHOOL

Education, inspiration and opportunities for life.

News for the week ending 9 February 2024

Newyddion yr wythnos 9 Chwefror 2024

KEY DATES

- 9 Feb - Half Term begins—School closes at 3:30pm
- 19 Feb - Term begins
- 19 Feb - Year 12 & 13 Mock Resit
- 20 Feb - Year 12 & 13 Mock Resit
- 21 Feb - GCSE Music Performance Exam
- 22 Feb - Year 7 Parents' Evening
- 23 Feb - Year 7 Tyfu Trip

Dear Parent/Guardian,

A short but busy half term has come to an end and we commend our students for their hard work and determination throughout the past five weeks. We wish you all a relaxing break, whatever the weather!

[Here](#) you will find this week's newsletter from Cowbridge Lower School.

Cowbridge School Senior Leadership Team



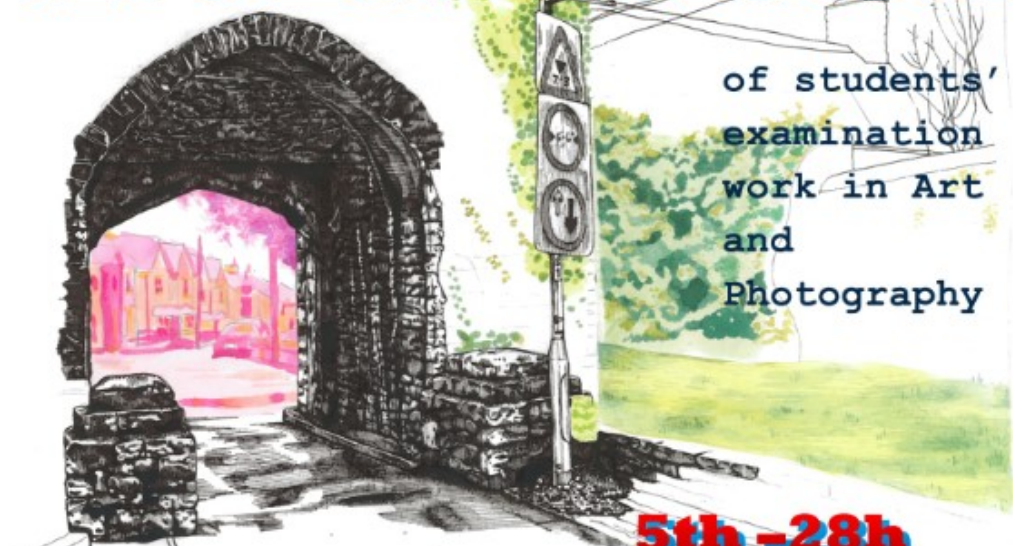
**COWBRIDGE
SCHOOL**

Education, inspiration and opportunities for life.

Cowbridge School presents an



Art Exhibition



of students'
examination
work in Art
and
Photography

5th - 28th


**February
2024**



At the Old Hall, Cowbridge

Open Mondays and Wednesdays 10am - 3pm

Tuesdays, Thursdays and Fridays 10am - 9pm

 @cowbridgeart



COWBRIDGE SCHOOL

Education, inspiration and opportunities for life.



GEOLOGY

THE
ROYAL
SOCIETY



down to earth **geophysics**

Cowbridge School and TerraDat UK Ltd Partner for Innovative Geology Education Project

Cowbridge School's A-level Geology students are embarking on a pioneering educational journey thanks to a prestigious STEM Partnership Grant from The Royal Society, the oldest scientific institution in continuous existence since 1660.

The GeoVoyager project is an exciting collaboration with Cardiff-based TerraDat Geophysics, aiming to create an online 3D geological database with state-of-the-art photogrammetry and laser scanning technologies. This educational venture promises to offer detailed digital exhibits showcasing geological structures, fossils, and potential evidence of a historic tsunami in the Bristol Channel. By focusing on data capture, 3D modelling, and online sharing, the project is designed to foster a robust understanding of advanced imaging techniques among students.

Set against the scenic backdrop of Dunraven Bay, Southerndown, on the South Wales Heritage Coast, GeoVoyager is set to enhance educational opportunities, allowing students to conduct virtual geological field trips. This initiative is a leap forward in making geology accessible to all, regardless of physical ability or location.

"The project bridges the gap between education and innovation," states Mike Walsh, Geology teacher at Cowbridge School. "It's about equipping students with real-world science skills and ensuring everyone has access to learning geology in the most engaging way possible."

Under the guidance of an ambitious team of Year 12 students, the project channels their aspirations to further their studies in geology, particularly at prestigious Russell Group universities. Integrating fieldwork within their AS-level curriculum poses a significant academic challenge and immerses them in practical, hands-on scientific inquiry.

TerraDat, a leader in 3D laser scanning and creating aerial maps through drone technology, monitors landscapes and buildings vulnerable to coastal erosion. Their contribution to the GeoVoyager project extends beyond traditional support, offering students a unique glimpse into contemporary geoscientific methods via their state-of-the-art equipment and expertise.

"I am delighted to continue collaborating with the Royal Society, building on my experience as an Entrepreneur in Residence at Exeter University," says Nick Russill, co-founder of TerraDat. "My A-level geology studies ignited my passion for this field, and through the GeoVoyager project, we aim to inspire that same enthusiasm in the next generation of scientists at Cowbridge School."

To promote inclusivity and address the challenges faced by students with disabilities, GeoVoyager aims to make geological study sites more accessible, leveraging technology to overcome physical barriers.

The project's legacy will extend beyond its immediate impact. Plans include using virtual and augmented reality to create immersive experiences through gamification via tablets and VR headsets.



COWBRIDGE SCHOOL

Education, inspiration and opportunities for life.



FREE OPEN ACCESS HALF TERM PLAY SESSIONS



OPEN ACCESS PLAYScheme:

TUESDAY 13TH FEB-
THURSDAY 15TH FEB

10AM - 12PM & 1PM - 3PM

AGE 5 - 14

**PALMERSTON ADULT LEARNING
CENTRE, BARRY**

**SPACES ARE LIMITED. OFFERED ON A FIRST
COME FIRST SERVED BASIS.**



@valeplayteam



COWBRIDGE SCHOOL

Education, inspiration and opportunities for life.

FREE Sessions AM DDIM



Monday 12 February Dydd Llun 12 Chwefror		Time / Amser	Venue / Lleollad
Age 11+ Oed	Social Basketball and Dodgeball <i>Pêl Fasged Gymdeithasol a Phêl Osgol</i>	11:30 - 12:30	Penarth Leisure Centre Canolfan Hamdden Penarth

Wednesday 14 February Dydd Mercher 14 Chwefror		Time / Amser	Venue / Lleollad
---	--	--------------	------------------

Age 8-11 Oed	Skateboarding <i>Sgleffrfrddio</i>	10 - 11	Headland School Ysgol 'Headland'
Age 11+ Oed	Skateboarding <i>Sgleffrfrddio</i>	11 - 12	

Thursday 15 February Dydd Iau 15 Chwefror		Time / Amser	Venue / Lleollad
--	--	--------------	------------------

Age 8-11 Oed	Try a Sport <i>Rhowch gynnig ar Chwaraeon</i>	10 - 11	Llantwit Major Leisure Centre Canolfan Hamdden Llanilltud Fawr
Age 11+ Oed	Social Basketball and Dodgeball <i>Pêl Fasged Gymdeithasol a Phêl Osgol</i>	11 - 12	

Thursday 15 February Dydd Iau 15 Chwefror		Time / Amser	Venue / Lleollad
--	--	--------------	------------------

Age 11+ Oed	Social Basketball and Dodgeball <i>Pêl Fasged Gymdeithasol a Phêl Osgol</i>	2-3	Barry Leisure Centre Canolfan Hamdden Y Barrri
Age 8-11 Oed	Try a Sport <i>Rhowch gynnig ar Chwaraeon</i>	3-4	



SKATEBOARD ACADEMY UK



☒ f i g ValeSportsTeam1

Booking link: valesportsteam.eventbrite.co.uk



COWBRIDGE SCHOOL

Education, inspiration and opportunities for life.



FREE COMMUNITY SPORT SESSIONS



Skateboarding for Years 7 - 11

with Skateboard Academy UK

Mondays 19 February - 18 March, 4pm - 5pm

Headlands School



Skateboarding for Years 4 - 6

with Skateboard Academy UK

Mondays 19 February - 18 March, 5pm - 6pm

Headlands School



Book your tickets:

valesportsteam.eventbrite.co.uk

For more information contact

geast@valeofglamorgan.gov.uk



@valesportsteam1

ALL SESSIONS ARE LED BY QUALIFIED COACHES WHO ARE DBS CHECKED



COWBRIDGE SCHOOL

Education, inspiration and opportunities for life.



**MYNEDIAD AGORED AM DDIM
SESIYNAU CHWARAE HANNER TYMOR**



**CYNLLUN CHWARAE MYNEDIAD
AGORED:**
DYDD MAWRTH 13 CHWEFROR
DYDD IAU 15 CHWEFROR
10AM - 12PM & 1PM - 3PM
5-14 OED
**CANOLFAN DYSGU OEDOLION
PALMERTON, Y BARRI**



**MAE LLEOEDD YN GYFYNGEDIG CYNNIG AR SAIL Y
CYNTAF I'R FELIN.**



   @valeplayteam



**COWBRIDGE
SCHOOL**

Education, inspiration and opportunities for life.



SESIYNAU CHWARAEON CYMUNEDOL AM DDIM



**Sgrialu ar gyfer blynyddoedd 7 - 11
gyda Skateboard Academy UK**

Llun 19 Chwefror - 18 Mawrth, 4pm - 5pm

Ysgol Headland



**Sgrialu ar gyfer blynyddoedd 4 - 6
gyda Skateboard Academy UK**

Llun 19 Chwefror - 18 Mawrth, 5pm - 6pm

Ysgol Headland



**Archebwch eich tocynnau:
valesportsteam.eventbrite.co.uk
Am fwy o wybodaeth cysylltwch
geast@valeofglamorgan.gov.uk**

X f i
@valesportsteam1

POB SESIWN YN CAEL EI HARWAIN GAN HYFFORDDWYR CYMWYS SY'N CAEL EU GWIRIO GAN Y DBS



COWBRIDGE SCHOOL

Education, inspiration and opportunities for life.

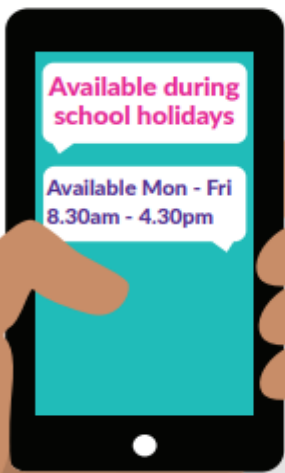


Nursio Ysgol | School Nursing
BIP Caerdydd a'r Fro | Cardiff & Vale UHB

parent line

If you're a parent or carer of a 5-16 Year Old
Text your school nurse on
07312 263178
For confidential advice and support

This will be a text in service for parent to access their school nurse to help with a wide range of health problems. This won't be a diagnostic service but we can give advice on....



emotional wellbeing
sleep day and
healthy night time
eating wetting
soiling substance misuse
relationships
behaviour bullying
online safety puberty



Bwrdd Iechyd Prifysgol
Caerdydd a'r Fro
Cardiff and Vale
University Health Board

We might inform someone if we were concerned about your safety, but we would usually speak to you first. Your messages are stored and can be seen by other healthcare staff who follow the same confidentiality rules. We aim to reply to you within one working day and you should get an immediate message back to confirm we received your text. Texts will not be seen outside normal working hours. If you need help before you hear back from us, contact your GP, nearest walk in centre or dial 111. Our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (which does not include messages sent from landlines, international mobile numbers and some 'number masking' mobile apps). To prevent the health professional from sending messages to you, text STOP to our number. Messages are charged at your usual rates.



COWBRIDGE SCHOOL

Education, inspiration and opportunities for life.



Nyrsio Ysgol | School Nursing
BIP Caerdydd a'r Fro | Cardiff & Vale UHB

Ilinell rhieni

Os ydych yn rhiant neu'n ofalwr i blentyn 5-16 oed

Tecstiwch eich nyrs ysgol ar

07312 263178

Am gyngor a chymorth cyfrinachol

Bydd hwn yn wasanaeth testun i rieni gael mynediad at eu nyrs ysgol i helpu gydag ystod eang o broblemau iechyd.

Ni fydd hwn yn wasanaeth diagnostig ond gallwn roi cyngor ar...



Ar gael yn ystod
gwylliau ysgol

Ar gael
Llun - Gwener
8.30am - 4.30pm



camddefnyddio sylweddau

CWSG gwlychu

diogelwch yn ystod

ar-lein y dydd

baeddu a'r nos

glasoed a'r nos

cydberthnasau

lles emosiynol bwlio

ymddygiad bwyta'n iach



Bwrdd Iechyd Prifysgol
Caerdydd a'r Fro
Cardiff and Vale
University Health Board

Efallai y byddwn yn rhoi gwybod i rywun os ydym yn pryderu am eich diogelwch, ond byddem fel arfer yn siarad â chi yn gyntaf. Caiff eich negeseuon eu storio a gall staff gofal iechyd eraill sy'n dilyn yr un rheolau cyfrinachedd eu gweld. Ein nod yw ymateb i chi o fewn un diwrnod gwaith a dylech gael neges ar unwaith i gadarnhau ein bod wedi derbyn eich neges destun. Ni fydd negeseuon testun yn cael eu gweld y tu allan i oriau gwaith arferol. Os oes angen help arnoch cyn i chi glywed gennym, cysylltwch â'ch meddyg teulu, y ganolfan galw heibio agosaf neu ffoniwch 111. Nid yw ein rhif testun yn derbyn galwadau llais na negeseuon llun MMS. Rydym yn cefnogi negeseuon o rifau ffôn symudol y DU yn unig (nad yw'n cynnwys negeseuon a anfonir o linellau tir, rhifau ffôn symudol rhyngwladol a rhai apiau 'cuddio rhifau' ar ffonau symudol). Er mwyn atal y gweithiwr iechyd proffesiynol rhag anfon negeseuon atoch, tecstiwch STOP i'n rhif. Codir tâl am negeseuon ar eich cyfraddau arferol.



COWBRIDGE SCHOOL

Education, inspiration and opportunities for life.

Cowbridge School - new 3G pitch

Please see the image below showing permitted footwear on our newly laid pitch



Cowbridge School

3G Footwear Policy

YES ✓	YES ✓	YES ✓	NO ✗	NO ✗
Studs (moulded)	Plastic Studs / Screw In (screw in less than 15mm)	Astro Turf Trainers	Blades or Boots with metal or metal tipped studs	Flat Soled eg. Trainers etc.
				
		NO ✗ Dimpled eg. Specialist hockey shoes		
<ul style="list-style-type: none">• Please ensure that you follow the correct footwear policy (above) when using this facility.• The policy will help to protect you from potential injury and maintain the surface.• Traditional trainers should not be worn as they increase risk of injury.				

Thank you for your co-operation

Cowbridge School PE Department



COWBRIDGE SCHOOL

Education, inspiration and opportunities for life.

School Attendance

We need you to.....

- Send your child to school on time.
- Ring/Text school early and daily if your child can not attend.
- Avoid holidays in term time.
- Keep school informed of your updated contact number.

We will.....

- Keep you regularly informed of your child's attendance.
- Treat any information you give us in a supportive and sensitive way.
- Welcome your child every day.
- Be happy that you have chosen to give your child the opportunity of the best future.

We understand that sometimes getting your children up and out on time every morning can be difficult, particularly if your child doesn't want to go for some reason.

We know that children who miss even small amounts of education can fall behind quickly and can miss out on so much. Being in school and on time increases learning and social opportunities.

Here are some ways you can help.

If you suspect that your child may be missing school or is unhappy at school, contact the school or the Inclusion Team who can help resolve any difficulties and offer friendly advice.

Make sure your child knows that you do not approve of them missing school for any reason, but be on the alert for any particular reasons for not attending school, like bullying, difficulties with school-work.

Make sure you know the school's attendance policy; every school has one.

If your child is away for other reasons like a doctor's appointment or the dentist, let the school know in advance. Please try and book appointments towards the end of the day.

Take an interest in your child's education, ask them what they did in school and celebrate their successes and listen to their worries.

If you can't help them, speak to the school and let them know of any difficulties.

If your child is absent get in touch with school. Staff will work with you to help improve the situation. It's better to contact us first so that we can make sure steps are taken to help you.

Make sure your child arrives on time to start school.



COWBRIDGE SCHOOL

Education, inspiration and opportunities for life.

Physical Education - Extra-curricular (After School) Timetable

Facility / Day	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Gym</u>	6th Form Fit Club				
<u>3G</u>	Y7 Football	Y7 Rugby	Y8 + 9 Football	Girls Football	
<u>Mugas</u>	Y8 + 9 Netball	Senior Hockey (Y11-13)	Y9 + 10 Hockey	Y7 + 8 Hockey	
<u>Field</u>	Y8 Rugby	Y10 Football		Y9/10/11 Rugby	
<u>Sports Hall</u>	Senior Netball (Y10-13)	Y7 Basketball	Y7-13 Badminton Club	Y7-13 Archery Club	6th Form Basketball

Physical Education - Extra-curricular (Lunch Time) Timetable

Facility / Day	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Gym</u>	Y7 Fit Club	Y8 Fit Club Week1	Y9 Fit Club	Y10 Fit Club	Y11 Fit Club
<u>3G</u>					
<u>Mugas</u>		Y7 Netball Week 1			
<u>Field</u>					
<u>Sports Hall</u>				6th Form Badminton Week 1	6th Form Badminton Week 2

Physical Education - Extra-curricular (Reg Club 8:30-8:55) Timetable

Facility / Day	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Gym</u>				6th Form Fit Club	
<u>3G</u>					
<u>Mugas</u>					
<u>Field</u>			Cross Country Club Week 2		
<u>Sports Hall</u>					



COWBRIDGE SCHOOL

Education, inspiration and opportunities for life.

School timings Spring 2024

BREAK & LUNCH YEAR 7, 8, & 13	BREAK & LUNCH YEAR 9, 10, 11 & 12
08:30 - 08:55 Registration and Form Tutor Time/Assembly	08:30 - 08:55 Registration and Form Tutor Time/Assembly
08:55 - 09:55 Lesson 1	08:55 - 09:55 Lesson 1
09:55 - 10:15 Break	09:55 - 10:55 Lesson 2
10:15 - 11:15 Lesson 2	10:55 - 11:15 Break
11:15 - 12:15 Lesson 3	11:15 - 12:15 Lesson 3
12:15 - 13:00 Lunch	12:15 - 13:15 Lesson 4
13:00 - 14:00 Lesson 4	13:15 - 14:00 Lunch
14:00 - 15:00 Lesson 5	14:00 - 15:00 Lesson 5




COWBRIDGE SCHOOL

Education, inspiration and opportunities for life.

Music extra-curricular clubs will be starting next week (w/c 11th September) and attendance will be taken during the club.

Music Extra-Curricular Activities 2023-2024

	A1C	A1I		<i>Afterschool rehearsals</i>
Monday	String Group 8:20 - 8:50	Junior Jazz Group 8:20 - 8:50		
Tuesday	Concert Band 8:20 - 8:50	Boys Voices 8:20 - 8:50	Backstage Skills 8:20 - 8:50 - <u>AIM</u> Flute Group Lunchtime - <u>AIC</u>	<i>School Musical A1C / Main Hall</i>
Wednesday	KS3 Vocal Group 8:20 - 8:50	Senior Jazz Group 8:20 - 8:50		<i>Big Band A1C</i>
Thursday	Orchestra 8:20 - 8:50			<i>School Musical A1C / Main Hall</i>
Friday	KS4/KS5 Vocal Group 8:20 - 8:50	Drum Group 8:20 - 8:50		



COWBRIDGE SCHOOL

Education, inspiration and opportunities for life.

TyHapus Counselling Service

Please find attached information about the free counselling service TyHapus offer.

Careers Wales

Please see the link below which will enable you to access updated information and resources from Careers Wales. The information and resources are designed to help parents and carers support young people in making decisions relating to careers and the world of work.

<https://careerswales.gov.wales/parents>



COWBRIDGE SCHOOL

Education, inspiration and opportunities for life.

SCHOOL HOLIDAY DATES 2023/2024

Term	Begin	Half term		End	No. of School Days
		Begin	End		
Autumn 2023	Mon 4 Sept 2023	Monday 30 Oct 2023	Friday 3 Nov 2023	Friday 22 Dec 2023	75
Spring 2024	Monday 8 Jan 2024	Monday 12 Feb 2024	Friday 16 Feb 2024	Friday 22 Mar 2024	50
Summer 2024	Monday 8 April 2024	Monday 27 May 2024	Friday 31 May 2024	*Monday 22 July 2024	70
				TOTAL	195

Mon 4 Sept 2023 and *Monday 22 July 2024 will be designated INSET days for all LEA Maintained Schools. The remaining four INSET days to be taken will be at the discretion of each individual school following appropriate consultation with staff. ***It is intended that this INSET Day will either be taken on Mon 22 July 2024 or at an alternative time for example in the form of twilight sessions.**

All schools will be closed on Monday 6 May 2024 for the May Day Bank Holiday.

Significant dates: Christmas	Monday 25 December 2023
Easter	Good Friday 29 March 2024 Easter Monday 1 April 2024
May Bank Holidays	Monday 6 May 2024 Monday 27 May 2024



COWBRIDGE SCHOOL

Education, inspiration and opportunities for life.

SCHOOL HOLIDAY DATES 2024/2025

Term	Begin	Half term		End	No. of School Days
		Begin	End		
Autumn 2024	Mon 2 Sept 2024	Monday 28 Oct 2024	Friday 1 Nov 2024	Friday 20 Dec 2024	75
Spring 2025	Monday 6 Jan 2025	Monday 24 Feb 2025	Friday 28 Feb 2025	Friday 11 Apr 2025	65
Summer 2025	Monday 28 April 2025	Monday 26 May 2025	Friday 30 May 2025	*Monday 21 July 2025	55
				TOTAL	195

Mon 2 Sept 2024 and *Monday 21 July 2025 will be designated INSET days for all LEA Maintained Schools. The remaining four INSET days to be taken will be at the discretion of each individual school following appropriate consultation with staff. ***It is intended that this INSET Day will either be taken on Mon 21 July 2025 or at an alternative time for example in the form of twilight sessions.**

All schools will be closed on Monday 5 May 2025 for the May Day Bank Holiday.

Significant dates: Christmas	Wednesday 25 December 2024
Easter	Good Friday 18 April 2025 Easter Monday 21 April 2025
May Bank Holidays	Monday 5 May 2025 Monday 26 May 2025